



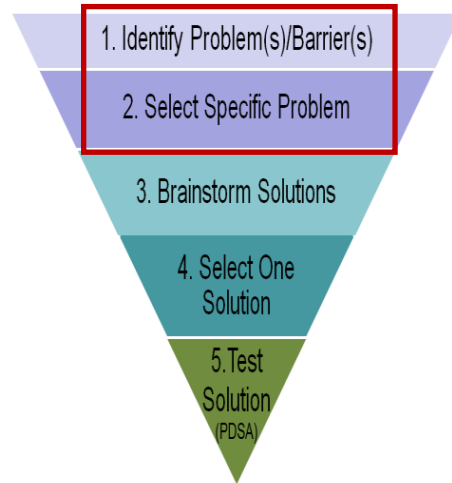
Meaningful Activities

Melrose Care Center Activities Department

Mary Finken-Beuning, Activities Supervisor



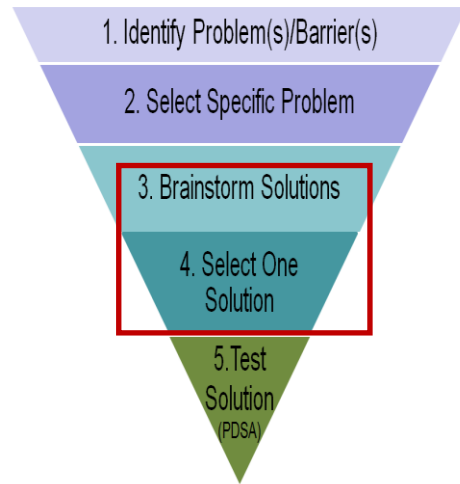
Identified Problem



Resident quality of life survey results for meaningful activities indicated that we needed to show improvement in the areas of meaningful activities.

- Activity event communication
- Residents commented they rely on the white boards in dining room vs personal room calendars to know what activities are planned for the day.
- White boards are crowded with dietary menus and activity announcements.

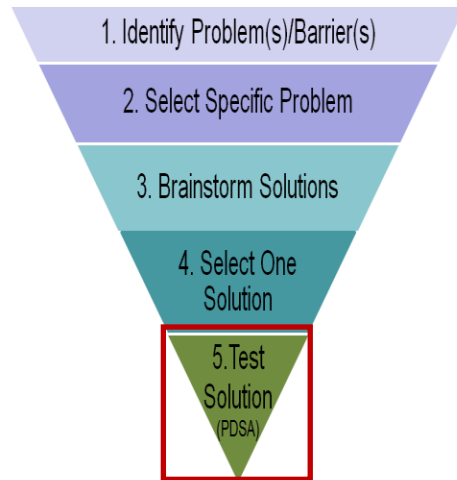
Proposed Solution



Brainstorming Solutions:

- Add additional white boards to dining rooms, add a white board near the nurse's station to inform residents, staff and family of scheduled daily activities. This may also increase staff assistance to activity events.
- Create a survey, interview residents one 1:1 to see where we can make changes quarterly.

Goal



Goal:

- Increase our resident quality of life satisfaction percentages from 2022 of 43% to 80% by the next quality of life survey period.
- Increase the number of residents that attend scheduled group activities daily.
- Learn what is meaningful to each resident.



Team Members

- Brittany Hellermann /Ward Secretary/Assisted with board designs
- Mary Finken-Beuning/ Activities Dept. Supervisor
- Daniell Toenyan /Activities Assistant
- Jenna Middendorf /Activities Assistant
- Laurie Anderson/ Activities Assistant
- Anne Major Care Center /Administrator
- Cassie Tews/Beautician/Assisted with surveys
- Kyle Funk/Maintenance/Assisted with white boards and crazy ideas
- Carol VonWahlde/Activities Assistant
- Lori Sutton/Activities Assistant

Action Steps

1. Purchased four 4x5 white boards, markers.

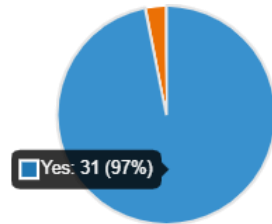
2. Choose placement of whiteboards, Kyle will assist with placement.

3. Create survey/survey residents to find what activities are meaningful to each resident.

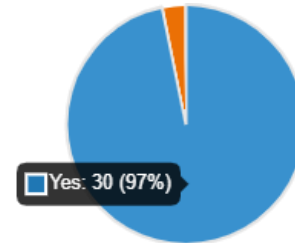
4. Adjust activity calendars/ group activities to better fit resident's feedback from survey.

Outcomes

Resident Quality of Life Survey 2022
Score was 66.7%

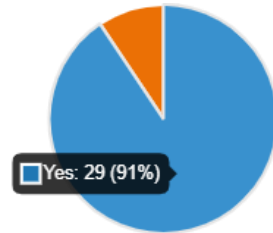


Are you given the chance to do things that are meaningful to you?

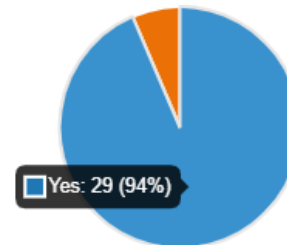


Are you given the chance to do things that are meaningful to you?

Resident Quality of Life Survey 2022
Score was 43.8%



Do you like the activities that are scheduled here?



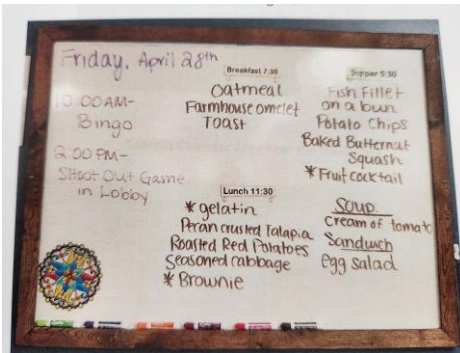
Do you like the activities that are scheduled here?

**April, May, June
2023**

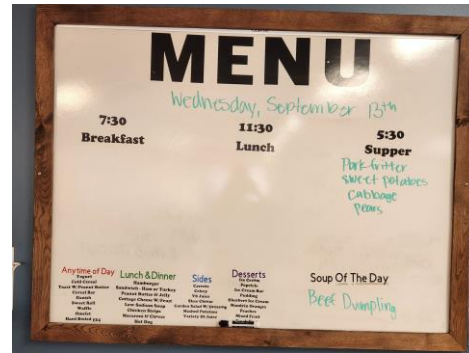
**July, August, September
2023**

Before and After

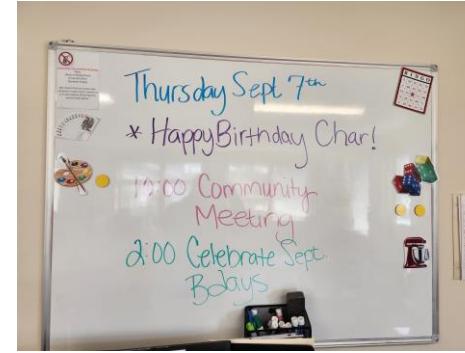
Before



After



Before



After



Before: The first board was overcrowded. The resident's stated they had a hard time reading the activity schedule being it had been taken over by the dietary menu.

After: Separating the boards has made improvements in both activities and dietary. Resident's and staff have had only positive comments.

Successes

1. We have seen an increase with staff assisting residents to and from activity events.

2. Increase in residents attending the scheduled activities.

3. Through our quarterly survey based on the questions asked on the Resident Quality of Life survey we have increased our scores.

4. Residents are more engaged and are assisting with activity calendar planning. Providing event, game, bakers, outings, crafts ideas.

Lessons Learned

1. Changes take time.

2. Talking with residents individually outside of a group makes a difference. Some are afraid of providing ideas and feedback in front of a group of peers.

3. Even a simple change can get small results.

4. End of shift, writing the following days activities allows the AM shift to see what the plan for the day . This allows staff to inform residents during cares.

Next Steps

1

1. Continue with quarterly survey, this will continue to see results and improve meaningful activities for our residents.

2

2. Use feedback and suggestions to build our monthly activities calendars.

3

3. Continue to communicate as a team on areas that need improvement.